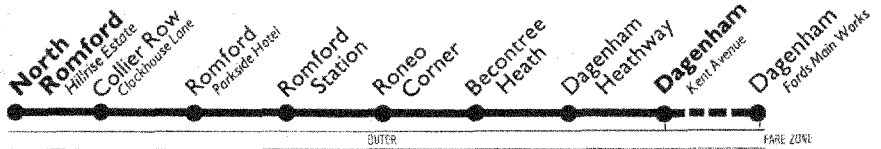


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### Mondays to Fridays

North Romford Hillrise Estate	0501	0518	0538	0558	0618	0633	0713	0721	0733		0845	0857	0909	0921
Romford North Street Garage	A	0509	0526	0546	0606	0626	A	0641	0721	0732	0744	0856	0908	0920
Romford Station	0438	0515	0532	0552	0612	0632	0642	0657	0727	0738	0750	0902	0914	0926
Becontree Heath Merry Fiddlers	0448	0525	0542	0602	0622	0642	0652	0707	0737	0752	0804	0916	0928	0940
Dagenham Heathway Station	0454	0531	0548	0608	0628	0648	0658	0703	0743	0759	0810	0922	0934	0947
Dagenham Chequers	0458	0535	0552	0612	0632	0652	0702	0710	0750	0806	0814	0926	0938	0951
Dagenham Kent Avenue	0501											0941	0954	1000
Dagenham Fords Main Works	0539	0556	0616	0636	0656	0706	0716	0756	0812	0820		0932		1004
North Romford Hillrise Estate	0933	0945	1000	1008	1015	1500	1515	1529	1539	1549	1601	1613	1626	1802
Romford North Street Garage	0942	0954	1009	1017	1024	1509	1524	A	1538	1548	1558	1610	1622	1810
Romford Station	0948	1000	1015		1030	1515	1530	1537	1544	1554	1604	1616	1628	1816
Becontree Heath Merry Fiddlers	0959	1011	1026		1041	1526	1541	1548	1555	1605	1615	1627	1640	1826
Dagenham Heathway Station	1006	1018	1033		1048	1533	1548	1555	1602	1612	1622	1634	1647	1839
Dagenham Chequers	1010	1022	1037		1052	1537	1552	1559	1606	1616	1626	1638	1651	1839
Dagenham Kent Avenue						1541	1555		1603	1610	1620	1630	1642	1842
Dagenham Fords Main Works	1014	1026	1041		1056				1610	1620	1630	1642	1655	1842
North Romford Hillrise Estate	1811	1826	1836	1846	1903	2203	2223	2243	2303	2307	2327	2344	0004	0024
Romford North Street Garage	1819	1834	1844	1854	1911	2211	2231	2251	2311	2315	2335	2352	0012	0032
Romford Station		1840		1900	1917	2217	2237	2257	2317		2341			
Becontree Heath Merry Fiddlers		1850		1910	1927	2227	2247	2307	2327		2351			
Dagenham Heathway Station		1856		1916	1933	2233	2253	2313	2333		2357			
Dagenham Chequers		1900		1920	1937	2237	2257	2317	2337		0001			
Dagenham Kent Avenue						2241	2300	2320	2340		0004			
Dagenham Fords Main Works		1904		1924	1941									

### Saturdays

North Romford Hillrise Estate	0501	0523		0543		0743	0803	0823	0843	0855	0908		1053	1108	1123
Romford North Street Garage	0509	0531	A	0551	Then every 0751	A	0811	0831	0851	0903	0918	Then every 15 minutes until	1103	1118	1133
Romford Station	0515	0537	0544	0557	0757	0810	0817	0837	0857	0910	0925		1110	1121	1140
Becontree Heath Merry Fiddlers	0525	0547		0607	0807	D	0827	0847	0907	0921	0936		1121	1132	1151
Dagenham Heathway Station	0531	0553		0613	0813		0833	0853	0913	0927	0942		1127	1138	1157
Dagenham Chequers	0535	0557		0617	0817		0837	0857	0917	0931	0946		1131	1142	1201
Dagenham Kent Avenue								0900	0920	0934	0949		1134	1145	1204
Dagenham Fords Main Works	0539	0601		0621	0821		0841							1151	
North Romford Hillrise Estate	1138	1153	1208	1223	1238	1253	1308	1323		1508	1521	1538		1658	1715
Romford North Street Garage	1148	1203	1218	1233	1248	1303	1318	1333	Then every 15 minutes until	1518	1531	1548	Then every 20 minutes until	1708	1725
Romford Station	1155	1210	1225	1240	1255	1310	1325	1340		1525	1538	1555		1715	1735
Becontree Heath Merry Fiddlers	1206	1221	1236	1251	1306	1321	1336	1351		1536	1549	1606		1726	1746
Dagenham Heathway Station	1212	1227	1242	1257	1312	1327	1342	1357		1542	1555	1612		1732	1752
Dagenham Chequers	1216	1231	1246	1301	1316	1331	1346	1401		1546	1559	1616		1736	1756
Dagenham Kent Avenue		1234		1304		1334		1404		1549	1607	1619		1739	1759
Dagenham Fords Main Works	1221		1251		1321		1351								
North Romford Hillrise Estate	1738	1753	1808	1823	1843	1850	1903		2303	2307	2327	2344	0004	0024	0046
Romford North Street Garage	1749	1803	1816	1831	1851	1858	1917	Then every 20 minutes until	2311	2315	2335	2352	0012	0032	0056
Romford Station	1755	1809	1822	1837	1857		1927		2317		2351				
Becontree Heath Merry Fiddlers	1806	1819	1832	1847	1907		1937		2327		2357				
Dagenham Heathway Station	1812	1825	1838	1853	1913		1937		2333		2357				
Dagenham Chequers	1816	1829	1847	1857	1917		1937		2337		0001				
Dagenham Kent Avenue	1819	1832	1845	1900	1920		1940		2340		0004				

### Sundays (and National Public Holidays)

North Romford Hillrise Estate	0633	0723	0808	0853		0938	1023	1053	1123	1153	1223	1253	1323	1353	1423	1453	1523
Romford North Street Garage	A	0642	0732	0817	0902	A	0947	1032	1102	1132	1202	1232	1302	1332	1402	1432	1502
Romford Station	0552	0647	0737	0822	0907	0931	0952	1037	1107	1137	1207	1237	1307	1337	1407	1437	1507
Becontree Heath Merry Fiddlers	0603	0658	0748	0833	0918	0942	1003	1048	1118	1148	1218	1248	1318	1348	1418	1448	1518
Dagenham Heathway Station	0609	0704	0754	0839	0924	0948	1009	1054	1124	1154	1224	1254	1324	1354	1424	1454	1524
Dagenham Chequers	0613	0708	0758	0843	0928	0952	1013	1058	1128	1158	1228	1258	1328	1358	1428	1458	1528
Dagenham Kent Avenue				0846	0931	0955	1016	1101	1131	1201	1231		1331	1401	1431		
Dagenham Fords Main Works	0617	0712	0802									1302			1502	1532	1602
North Romford Hillrise Estate	1553	1623	1653	1723	1753	1823	1853	1923	1953	2023	2053	2123	2153	2223	2253	2323	2353
Romford North Street Garage	1602	1632	1702	1732	1802	1832	1902	1932	2002	2032	2102	2132	2202	2232	2302	2332	0002
Romford Station	1607	1637	1707	1737	1807	1837	1907	1937	2007	2037	2107	2137	2207	2237	2307	2337	
Becontree Heath Merry Fiddlers	1618	1648	1718	1748	1818	1848	1918	1948	2018	2048	2118	2148	2218	2248	2318	2348	
Dagenham Heathway Station	1624	1654	1724	1754	1824	1854	1924	1954	2024	2054	2124	2154	2224	2254	2324	2354	
Dagenham Chequers	1628	1658	1728	1758	1828	1858	1928	1958	2028	2058	2128	2158	2228	2258	2328	2358	
Dagenham Kent Avenue	1631	1701	1731	1801	1831	1901							2231	2301	2331	0001	
Dagenham Fords Main Works							1932	2002	2032	2102	2132	2202					

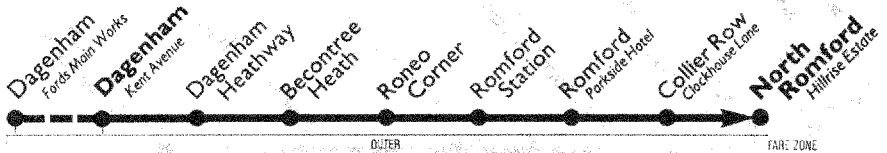
A—Starts from Romford North Street/The Avenue.

D—Continues to Becontree Heath Bus Station.

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DAILY

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## Mondays to Fridays

Dagenham Fords Main Works	.....	.....	.....	0551	.....	0611	.....	0631	.....	0646	0701	0713	0725	Then	0836	0847
Dagenham Kent Avenue	.....	.....	0518	.....	0521	.....	0616	.....	0636	.....	0651	0706	0718	0730	Then	0842
Dagenham Heathway Station	.....	.....	0525	.....	0530	.....	0620	.....	0640	.....	0655	0710	0722	0734	every	0853
Becontree Heath Merry Fiddlers	.....	.....	0530	.....	0540	.....	0605	.....	0625	.....	0645	0700	0715	0727	0739	mins.
Romford Station	.....	.....	0540	.....	0546	.....	0615	.....	0635	.....	0655	0710	0725	0738	0751	until
Romford North Street Garage	0459	C	0516	0536	0556	0616	0631	C	0641	C	0701	C	0716	0731	0744	0757
North Romford Hillrise Estate	0459	0516	0536	0556	0616	0631	0641	0651	0701	0711	0719	0726	0741	0754	0807	0919
Dagenham Fords Main Works	0857	0909	0920	0929	0936	.....	1013	.....	1043	.....	1443	.....	1458	1513	1525	1537
Dagenham Kent Avenue	.....	.....	.....	.....	.....	0944	0959	.....	1013	.....	1448	.....	1503	1518	1530	1542
Dagenham Heathway Station	0903	0915	0926	0934	0941	0948	1003	1018	.....	1448	.....	1503	1518	1530	1542	1554
Becontree Heath Merry Fiddlers	0907	0919	0930	0938	0945	0952	1007	1022	.....	1452	.....	1507	1522	1534	1546	1558
Romford Station	0912	0924	0937	0945	0952	0959	1014	1029	.....	1459	.....	1514	1529	1541	1553	1605
Romford North Street Garage	0924	0936	0948	0956	1003	1010	1025	1040	.....	1510	.....	1525	1540	1552	1604	1616
North Romford Hillrise Estate	0930	0942	0954	1002	1009	1016	1031	1046	.....	1516	C	1531	1546	1558	1610	1622
Dagenham Fords Main Works	0940	0953	1005	1013	.....	1027	1042	1057	.....	1527	1535	1547	1557	1609	1621	1633
Dagenham Kent Avenue	1604	.....	1740	1751	1804	1816	1828	1841	.....	2201	2211	2225	2245	.....	2304	2324
Dagenham Heathway Station	1614	Then	1750	1801	1814	1826	1836	1846	.....	2206	2218	2230	2250	2307	2327	2347
Becontree Heath Merry Fiddlers	1618	every	1754	1805	1818	1830	1840	1850	.....	2210	2222	2234	2254	2311	2331	2351
Romford Station	1626	12	1802	1813	1826	1835	1845	1855	.....	2215	2227	2239	2259	2316	2336	2356
Romford North Street Garage	1639	minutes	1815	1826	1839	1845	1855	1901	.....	2225	2237	2249	2309	2326	2344	0006
North Romford Hillrise Estate	1645	until	1821	1832	1845	1851	1901	1911	.....	2231	2243	2255	2315	2332	2352	0012
Dagenham Fords Main Works	1657	.....	1835	1844	.....	1901	1911	1921	.....	2241	2253	2305	2325	2342	0002	0022

## Saturdays

Dagenham Fords Main Works	.....	.....	.....	0601	0621	0641	0701	0721	0741	0800	.....	0821	0840	0852	.....	0908
Dagenham Kent Avenue	.....	.....	.....	0606	0626	0646	0706	0726	0746	0805	.....	0826	0845	0857	.....	0912
Dagenham Heathway Station	.....	.....	.....	0610	0630	0650	0710	0730	0750	0809	.....	0830	0849	0901	0916	0931
Becontree Heath Merry Fiddlers	.....	.....	.....	0615	0635	0655	0715	0735	0755	0814	D	0835	0854	0907	0922	0937
Romford Station	.....	.....	.....	0620	0640	0660	0720	0740	0800	0824	0835	0854	0904	0919	0934	0949
Romford North Street Garage	.....	.....	.....	0621	0641	0661	0721	0741	0801	0825	0836	0855	0905	0920	0935	0950
North Romford Hillrise Estate	0459	0521	0541	0601	0621	0641	0701	0721	0741	0801	0821	0841	0861	0881	0901	0921
Dagenham Fords Main Works	0938	1153	1206	1223	1236	1306	1336	1366	1406	1436	1466	1496	1526	1556	1626	1636
Dagenham Kent Avenue	0942	Then	1157	1212	1227	1242	1257	1312	1327	1342	1357	1412	1427	1440	1457	1627
Dagenham Heathway Station	0946	every	1201	1216	1231	1246	1301	1316	1331	1346	1401	1416	1431	1444	1501	1631
Becontree Heath Merry Fiddlers	0952	15	1207	1222	1237	1252	1307	1322	1337	1352	1407	1422	1437	1450	1507	1637
Romford Station	1004	mins.	1215	1234	1249	1304	1319	1334	1349	1404	1419	1434	1449	1502	1519	1649
Romford North Street Garage	1011	until	1226	1241	1256	1311	1326	1341	1356	1411	1426	1441	1456	1509	1526	1656
North Romford Hillrise Estate	1021	.....	1236	1251	1306	1321	1336	1351	1406	1421	1436	1451	1506	1519	1536	1706
Dagenham Kent Avenue	1638	1653	1708	1723	1738	1753	1808	1823	.....	2203	2215	2227	2247	2304	2324	2344
Dagenham Heathway Station	1642	1657	1712	1727	1742	1757	1811	1826	.....	2206	2218	2230	2250	2307	2327	2347
Becontree Heath Merry Fiddlers	1646	1701	1716	1731	1746	1801	1815	1830	.....	2210	2222	2234	2254	2311	2331	2351
Romford Station	1652	1707	1722	1737	1752	1806	1820	1835	.....	2215	2227	2239	2259	2316	2336	2356
Romford North Street Garage	1704	1719	1734	1749	1804	1816	1830	1845	.....	2225	2237	2249	2309	2326	2344	0006
North Romford Hillrise Estate	1711	1726	1741	1756	1810	1822	1836	1851	.....	2231	2243	2255	2315	2332	2352	0012
Dagenham Fords Main Works	1721	1736	1751	1806	1820	1832	1846	1901	.....	2241	2253	2305	2325	2342	0002	0022

## Sundays (and National Public Holidays)

Dagenham Fords Main Works	.....	0628	0723	0808	.....	.....	.....	.....	.....	.....	1308	.....	.....	.....	1508	1538
Dagenham Kent Avenue	.....	0632	0727	0812	0857	0942	1012	1042	1112	1142	1212	1242	1312	1338	1408	1438
Dagenham Heathway Station	.....	0636	0731	0816	0901	0946	1016	1046	1116	1146	1216	1246	1316	1342	1412	1442
Becontree Heath Merry Fiddlers	.....	0642	0737	0822	0907	0952	1022	1052	1122	1152	1222	1252	1322	1342	1412	1442
Romford Station	.....	0653	0748	0833	0918	1003	1033	1103	1133	1203	1233	1303	1333	1403	1433	1503
Romford North Street Garage	.....	C	0659	0754	0839	0924	1009	1039	1109	1139	1209	1239	1309	1339	1409	1439
North Romford Hillrise Estate	0628	0708	0803	0848	0933	1018	1048	1118	1148	1218	1248	1318	1348	1418	1448	1518
Dagenham Fords Main Works	1608	.....	1638	1708	1738	1808	1838	1908	.....	2018	2038	2108	2138	2208	2238	2308
Dagenham Kent Avenue	1612	1642	1712	1742	1812	1842	1912	1942	2012	2042	2112	2142	2212	2242	2312	2342
Dagenham Heathway Station	1616	1646	1716	1746	1816	1846	1916	1946	2016	2046	2116	2146	2216	2246	2316	2346
Becontree Heath Merry Fiddlers	1622	1652	1722	1752	1822	1852	1922	1952	2022	2052	2122	2152	2222	2252	2322	2352
Romford Station	1633	1703	1733	1803	1833	1903	1933	2003	2033	2103	2133	2203	2233	2303	2333	0003
Romford North Street Garage	1639	1709	1739	1809	1839	1909	1939	2009	2039	2109	2139	2209	2239	2309	2339	0009
North Romford Hillrise Estate	1648	1718	1748	1818	1848	1918	1948	2018	2048	2118	2148	2218	2248	2318	2348	0018

C—Starts from Romford Parkside Hotel.

D—Starts from Becontree Heath Bus Station.